Hollywood Career Institute
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Congratulations on taking the first step to starting your new career in the field of Allied Health. Below you will find information about the Home Health Aide (HHA) program. However, feel free to stop by our school or email/ call if you have any questions, we are here to help you.

"Our Goal is your Success."

Massage Therapy

600 Clock Hours

Program Objective: To qualify students for entry level employment in health care setting and or spa environment and or as an independent practitioner.

Program Description:

Students are taught theory and practice of massage including manual techniques to manipulate the soft tissue structures of the body to prevent and alleviate pain, discomfort muscle spasm, and stress, while promoting health and wellness. Students are taught effective communication, safety, hygiene, and health practices for the massage therapist. Topics include anatomy, physiology, massage theory, Florida Law, HIV/AIDS education, hydrotherapy, and allied modalities taught in small classes. Students gain hands-on experience through clinical experience onsite. Students will perform 40 massages to the public within 200 hours and under the supervision of the instructor to complete their clinical practicum part of their curriculum.

What do Massage Therapists do?

Massage therapists treat clients by applying pressure to manipulate the body's soft tissues and joints.

- Talk with clients about their symptoms, medical history, and treatment goals.
- Evaluate clients prior to and during the massage to locate painful or tense areas of the body.
- Manipulate muscles, tendons, ligaments, and other soft tissues of the body.
- Increase range of motion through joint mobilization techniques
- Provide guidance on stretching, strengthening, overall relaxation, and improving their posture.
- Document clients' conditions and progress
- Clean their workspace and sanitize equipment.

Program Hours: 600

26 Weeks – Full Time

Program Content:

- Massage Theory and History
- HIV/AIDS Education
- Anatomy and Physiology
- Theory and Practice of Hydrotherapy
- Business Practice & Standards
- Allied Modalities
- Professional Ethics in the Workplace
- Medical Errors
- FT Laws & Rules: Chapter 456 & 48, F.S & Chap 64B7, F.A.C
- Effective Communication
- Domestic Violence
- Clinical Practicum

And much more. For more information, please reference school catalog or call the school 954-866-3220.

We offer flexible schedules Morning, Evenings and weekends for further information about what schedule best suits your needs.

please call

954-866-3220

or

email:
info@hollywoodcareerinstitute.com

For tuition, fees, costs associated with this program please call 954-866-3220 to schedule a tour and speak with a program advisor.

Industry Certification and State Credential Exams:

Massage therapists typically need a state-issued license or must register with the state. Requirements vary but typically include graduation from an approved massage therapy program and passing an exam. The Massage and Bodywork Licensing Examination (MBLEx) licensing exam is administered by the Boards. Other requirements for massage therapists may include passing a background check, having liability insurance, and being certified in cardiopulmonary resuscitation (CPR). Many states require massage therapists to complete continuing education credits and to renew their license periodically. For more information, contact the licensing board for the state in which you intend to practice.

Employment Outlook

Employment of massage therapists is projected to grow 20 percent from 2021 to 2031, much faster than the average for all occupations.
About 25,200 openings for massage therapists are projected each year, on average, over the decade. Many of those openings are expected to result from the need to replace workers who transfer to different occupations or exit the labor force, such as to retire.

Bureau of Labor Statistics, U.S. Department of Labor, *Occupational Outlook Handbook*, Massage Therapist,
a Massage Therapists : Occupational Outlook Handbook: : U.S. Bureau of Labor Statistics (bls.gov) (visited *April 12, 2023*).